

The Bellnote

Universalist Unitarian
Church of East Liberty
2231 Jefferson Road,
Clarklake, MI 49234
(517) 529-4221

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LOCATED 3/4 MILE WEST OF U.S. 127

MINISTER'S OFFICE HOURS:

Monday: Her day off
Tuesday: 9:00 am - 5:00 pm
Wednesday: 9:00 am - 5:00 pm
Thursday: 9:00 am - 5:00 pm
Friday: Sermon-writing day
Saturday: By appointment
Sunday: By appointment
Cindy works mostly from
her home office

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Minister's Column

This year the board, worship committee, religious education committee, and membership committee approved a change in our schedule, so we're now taking July as a summer month and starting up our church year in August, when church-shopping is at a peak as families gear up for back-to-school. July will have no religious education, and classes will start back up in August. Previously we went every-other Sunday with RE during both July and August. As a result of this change, our annual water communion and ingathering service will be on August 8. So gather your water from your travels in July and join us on 8/8 with water in hand! We'll have our church picnic on that day, as well. "Homecoming" will continue to be on the Sunday after Labor Day, but will not be intergenerational except for the first portion.

I'm off on my annual study leave and vacation in July (see schedule on page 6), following a week at the UUA General Assembly (GA). The GA this year will be very interesting, as our denomination discusses how to "Stand on the Side of Love" in regard to Arizona—our GA is scheduled there for 2012, and some UU groups and other groups are calling for a boycott, while others want us to go there and work to change the new immigration and anti-ethnic studies laws. I'll tell you more about that when I return from study leave and vacation! My study leave this year will be spent putting some details in place for my sabbatical, for the church's worship and religious education year, and cleaning out my office so that it can be used as a religious education classroom starting in the fall. I'll still have it as an office, too, for pastoral care meetings and small committee meetings, but since I work mostly from home where I have internet access, and I never use it during the worship service, it's a space that could be better used, and you all know we need more space!

Hope you all enjoy your summers, and I'll see you in August!

Namaste,

Cindy

Religious Education Report

Though Summer seems to have less activities with kids and youth at UUCEL, we're not "asleep at the wheel"! When the July service may not be geared toward children, I'll have a lesson out of the great book about nature, "The Kid's Book of Awesome Stuff." We tried one on June 20 and Pat Gordon and I really enjoyed talking about "star stuff" with kids. Did you see them with their marshmallow "water molecule models"? Two small marshmallows and a large one connected by toothpicks = H₂O (until the kids ate them)!

We had a great workshop on June 4, with parents, new teachers, and guest speaker Dee Reed, talking about how to encourage our youth to adopt our UU values and grow up to be UU adults. See the summary of that workshop, below.

Here are donations for youth class we're looking for, in the Fall:

- Flipchart/Newsprint
- Magic Markers – water colors with no or pleasant scents
- Masking tape
- Poster Board
- Votive candle holders
- Kitchen matches: 2 boxes,

We're planning on start-up RE on August 8. So I will be getting the RE calendar out for all teachers to sign up for slots very soon. I will also be working on the 2010-11 RE brochure. I'll try to publish a list of items needed for the K-5 RE class in the August newsletter.

Guidelines for communicating with kids:
not just for teachers!

- 1) Use positive reinforcement, respecting one another.
- 2) Listen to kids, and each other.
- 3) Be "in the moment" as much as possible.
- 4) Model self-control (for instance, with two kids fighting over a toy, encourage them to talk to each other, and suggest they ask "Can I have it when you're done?" Kids strive for a sense of control from infancy. Help them find something to utilize their abilities.

- 5) Encourage kids to "Stop and think" – "use your voices."
- 6) Different approaches work for different kids.
- 7) Smile – a child will do anything for that.
- 8) Give children constant praise...talk about their effort.
- 9) If you have to take the child away from class, do it away from their peers, with as few frowns and negatives as possible. A "time out" is time to get themselves together, not just "punishment." We should talk about consequences to the behavior, not because they're "bad people."
- 10) Use "I" language: "I feel it's important that..." "It's important for me that..." Be nice. "I'm worried that you might..." or "I would like it if you'd..." (redirect)."
- 11) Involve kids in problem solving: what to do... "please do this because..." not what not to do, don't, etc.
- 12) Never ask a child "why?," like "why did you do this?" They do not know, but we want to take them off the hook, so it encourages them to make stuff up about "why." Instead, say "What happened? What can we do about this?" They should always be in your good graces.
- 13) Kids are kids. Expect them to be age appropriate.
- 14) Active—"shake the sillies out"—then prep them for quiet.

More thoughts:

-- We need to decide, as a community, principles of how we act with children. "Children should be seen and not heard" is a thing of the past. Avoid situations before they come out – adults can assist at the food line.

-- Pick and choose battles – let them be kids. If kids are not being respected, how do we expect them to respect adults? Adults need to deal with children according to our values, including First Principle.

--In summary:

Kids are people, too.

First principle: the inherent dignity of every person. Show respect. Model reverence.

Notes from the Board

At the June Board meeting, members completed the application for the electronic banking system to be set up. Watch for this convenient way to donate coming to a pew near you in the very near future! Several "building issues" were discussed and it was eventually decided that we need to resurrect the "Building and Grounds Committee" to help coordinate ongoing maintenance issues and also to develop recommendations for new projects. We are so grateful to all those volunteers who have kept the place going, and also improved it (such as the wonderful interior paint job recently completed)—if anyone is interested in being on the new committee, please contact Nancy Smith. We are hoping to get the "Standing on the Side of Love" Banner hung soon. There will be no regular Board meeting in July.

Submitted by: Gratia Karmes

Dishwasher Policy

The new policy below is how we would like the dishwasher to be used. The policy will hang on the wall by the sink as a reminder. Many do not like the idea of the dishwasher running when no one is in the building, and this policy is a way to enforce it.

It reads -- Dishwasher Policy: "Please read these choices and do one of the following: Fill and run only if you are able to be in the church until the dishwasher completes its cycle (about one hour), Or Fill and add soap and leave dishwasher to be run off the next Sunday. On Sunday, the social hour host should check the dishwasher before the church service and run it if necessary.

Also, changes have been added to the guidelines for the Social Hour Host and a updated sheet is posted on the kitchen cork board, stating

" ~ Check the dishwasher. ~ Turn it on - if needed. ~ Empty it and put dishes away. ~ "

Submitted by: the Building Committee
and the Membership Committee

Personal Paid Ads from Church Friends to Church Friends

We will be trying something new on the back of the "Supplement Page." It started last month; the Bellnote will be publishing paid advertisements in this space. Policy to place an ad: You must get the information to the editors either by e-mail uucel_bellnote@yahoo.com or written clearly along with payment prior to printing. Prices are as follows -1/8 page: \$3.00 -1/4 page: \$6.00 -1/2 page: \$12.00 and, upon request, a full page for \$24.00. This will be on a first come, first serve basis and is limited to one page per month. Advertisements must be in good taste and consistent with the goals and principles of our church; examples are: items for sale, your yard sale, an upcoming party, and/or a personal message. The editors have the right to not print if they feel it is not appropriate or detracts from or conflicts with the church's mission. Payments for unprinted advertisements will be returned.

For those receiving the newsletter online you will see this page in an attachment in the e-mail that informs you the next month's newsletter is ready to be seen online.

Submitted by: The Editors



UU World Magazine and

Heartland District Electronic Newsletter

A new form has been made and will be added to the new upcoming member packets, asking if you would like to receive either of The UU World Magazine (paper copy) and or Heartland District Electronic Newsletter (e-mail only). This is also available to current members, if you have not already signed up for them. Please give Kathy Haynes your information as she updates these lists twice a year.

Submitted by: The Membership Committee

Meetings and Events

U.U. Church of East Liberty

AUUW

Thursday, July 1st the AUUW is not having a regular meeting but, will meet at the Beach Bar at Clark Lake for lunch at 12:00 noon. Please contact Joan Bernstein ASAP if you plan on attending for reservations.

Submitted by: Joan Bernstein

Caring Committee

The Caring Committee's next meeting is **July 18** after the service.

Submitted by: Alyce Oosting

First Friday Dinner

Would like to have the next First Friday Dinner in September. But on the second Friday the **10th of September**. The church is rented on the 1st Friday for a wedding rehearsal (wedding at 3:00 pm on Saturday). Looking for someone to step up and be the host/hostess for this event.

Submitted by: The Membership Comm.

~ The Brooklyn Food Pantry is an Organization that we voted to support under our Social Mission policy~

Brooklyn Food Pantry

We now have the schedule for when it is our church's turn to have one or two volunteers to work at the C.C.I.S. (Brooklyn) Food Pantry; 171 Wamplers Lake Road, Brooklyn. The days the pantry is open are Tuesdays and Thursdays from 10:00 am to 2:00 pm. There are 10 local churches that take turns to help fill the orders of those in need of food and restock shelves. Our next dates are **July 27 and 29**. If you are available to help in this rewarding work please contact Paul Jenkins at church or give him a call. Don't forget to bring canned food or any non-perishable items for donation to the pantry. There is a basket in the foyer under the desk for your contributions. Canned fruit is especially appreciated. Thank you!

Submitted by: Paul Jenkins

community forums

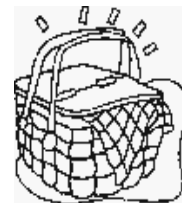
...are free and open programs to facilitate dialogue about the challenging issues of our time. Forums are usually held at the Jackson District Library, Carnegie Branch, located at 244 W. Michigan Ave. between Blackstone & N. Jackson Street. Forums are usually on the third Thursdays at 6:30-8:30 pm. The forum's are sponsored by the Universalist Unitarian Church of East Liberty in conjunction with the Jackson District Library.

~~The forums are not held in the months of June, July and August. Stay tuned for more information about the **September 16** forum.

Submitted by: Outreach Comm.

Church Picnic

Come join us on **Sunday, August 8**, right after Church Service. Our annual church picnic will be held this year at Swains Memorial Park in Brooklyn. Please bring your own table service and passing dishes. Lemonade and iced tea will be provided. If you would like you can also bring your lawn chairs and yard games. The park is located in Brooklyn. Take Jefferson Road east to M-50 (Main Street in Brooklyn). Turn left on M-50, drive 1/2 mile and turn right on River Street, which leads into the park. You can't see the park from M-50. We will need a few volunteers to help, so let me know if you are interested, thanks.



Submitted by: Nena Obits

Worship Associates Training

The worship associates training is being rescheduled. If you're interested in attending, please sign up in the social hall and we will notify you when a new date is chosen.

Submitted by: Rev Cindy Landrum

Religious Education Report continued from page 2

-- We decided that children need to be supervised by an adult at all times – even after formal activities. We need to have one adult at least, with children when they are playing outside, in the nursery, etc. after church. Adults who are outside should ask, “Did your mom/dad say you could be out here?” Some kids may not answer honestly, but most will.

-- How to handle our own impatience: we learn to take on more responsibility than we need to...we are overwhelmed and need to recognize what we are in control of, and what we are not. Recognize we have no power over others’ actions.

Sharon



Religious Education Coordinator

~~Visitor Tips for Everyone~~

Here are some ways to make people feel welcome that everyone can follow:

- Introduce yourself and get to know a visitor by name.
- Invite a visitor to social hour.
- Wear a nametag.
- Sit toward the middle of the pew or nearer to the front of the church so visitors can be more anonymous if they choose.
- Watch for people who may be alone during social hour and ask them about the sermon or their faith journey.

Thank you!

Raft-O-Rama

We were hoping to have a raft decorated for the Raft-O-Rama on Clark Lake. The parade is held on the first Sunday of August, normally, but this year it is the 2nd Sunday (August 8) due to the fact that the Clark Lake Run is the first Saturday of the month and the Raft-O-Rama is the day after. We have changed around a few church events to be in the parade, thinking it was the 1st Sunday. The theme this year is “Anything Gold” if anyone is interested. The Raft-O-Rama organizers are asking for local businesses and organizations to be in it. Please let Chris know if you are able to do this, or maybe start to plan for next year also.

Submitted by: Membership Comm.

District & Denominational Meetings and Events

Dear Unitarian Friend,

Because you’re concerned about community, women’s and family issues I thought you might be interested in my book. [The Blue Cotton Gown: a midwife’s memoir](#), (Beacon Press). Set in a clinic in Appalachia, the book is not so much about birth as about women giving birth to themselves. It’s the story of ordinary females of all ages dealing with contemporary problems such as postpartum depression, drug abuse, teen pregnancy, menopause, mother-guilt, infertility, cancer, eating disorders, domestic violence, midlife sexuality and keeping a marriage together. Sound like a lot? As you know, it is all in a days work for any one who takes time to listen. If you work with students it makes an excellent discussion tool, a supportive gift for a colleague or even yourself. You will definitely relate! For more information go to www.beacon.org www.amazon.com or www.patriciaharman.com THANK YOU FOR ALL THE IMPORTANT WORK THAT YOU DO. Be well and enjoy Summer. Patsy Harman CNM MSN

Minister's Schedule:

Our minister, Cindy Landrum, will be on her annual study leave from June 28-July 18, and on vacation from July 19-August 1. She can be reached at her home phone during study leave or cell phone during vacation in case of a pastoral emergency. Please be aware that when she is not out of town, messages on the cell phone are seldom checked, whereas she does check voicemail at her home phone during out-of-town absences, so you are encouraged to leave your messages on the home voicemail.

Submitted by: Rev. Cindy Landrum

Former member of our church Richard Myer, passed away June 15th in Traverse City of complications of pneumonia. For those that may wish to send cards address them to his daughter Mary Ann Myer and son Richard Myer Jr. (see Supplement page for more information)

Submitted by: Debbie Marshall

"Go now and live your religion.
Its truth reflect in all you do.
Go, may love's presence ever guide you.
Live the good life the whole day through."
~~ Our Closing Song ~~

We Welcome Your Membership Not a member? We'd love to have you join our spiritual community. New members signify their commitment by signing the Membership Book during a scheduled church service. It is understood that members actively support their congregation through attendance, service and financial commitment. To start your process of becoming an official member of our lively, compassionate and challenging congregation, speak with Rev. Cindy Landrum, (517) 529-4221, or a member of the membership committee, including Kathy Haynes, Joan Bernstein, Jann Krupa, and Carole Hartsuff.



FROM THE EDITOR:

IF THIS IS YOUR FIRST COPY OF THE CHURCH'S NEWSLETTER "THE BELLNOTE" WELCOME ABOARD, AND HAPPY READING. OUR CHURCH CALENDAR YEAR RUNS FROM JULY 1-JUNE 30, THE CHURCH BOARD ASKS THOSE THAT RECEIVE THE PAPER VERSION OF THE NEWSLETTER TO PAY A \$17.00 PER-YEAR SUBSCRIPTION FEE AND WE STARTED THIS IN AUG., 2007. NEW VISITORS WILL GET 3 MONTHS FREE, AFTER THAT A SUBSCRIPTION FEE WILL BE ASKED FOR, OR CHANGED TO AN ON-LINE VERSION THAT IS NO CHARGE. THANK YOU – KATHY AND VICKI

THE AUGUST ISSUE, INFORMATION IS NEEDED BY:
SUNDAY JULY 18 ~~~~~ SEND SUBMISSIONS TO:

UUCEL_BELLNOTE@YAHOO.COM

OR IN WRITING HANDED TO KATHY OR VICKI

We want to thank; Joan Bernstein, Paul Jenkins, Gratia Karmes, Rev. Cindy Landrum, Debbie Marshall, Nena Obits, Alyce Oosting, Sharon Pedersen, Building Comm., Outreach Comm. and the Membership Comm., **for their news items this month.**

OUR 7 PRINCIPLES AND PURPOSES

WE, THE MEMBER CONGREGATIONS OF THE UNITARIAN UNIVERSALIST ASSOCIATION, COVENANT TO AFFIRM AND PROMOTE:

- ~ THE INHERENT WORTH AND DIGNITY OF EVERY PERSON
- ~ JUSTICE, EQUITY, AND COMPASSION IN HUMAN RELATIONS
- ~ ACCEPTANCE OF ONE ANOTHER AND ENCOURAGEMENT TO SPIRITUAL GROWTH IN OUR CONGREGATIONS
- ~ A FREE AND RESPONSIBLE SEARCH FOR TRUTH AND MEANING
- ~ THE RIGHT OF CONSCIENCE AND THE USE OF THE DEMOCRATIC PROCESS WITHIN OUR CONGREGATIONS AND IN SOCIETY AT LARGE
- ~ THE GOAL OF WORLD COMMUNITY WITH PEACE, LIBERTY AND JUSTICE FOR ALL
- ~ RESPECT FOR THE INTERDEPENDENT WEB OF ALL EXISTENCE OF WHICH WE ARE A PART

The Bellnote Calendar

July

All events are at the church, unless otherwise noted

1 Thurs.	AUUW at the Beach Bar no regular meeting ~ 12:00 pm ~ Call Joan
4 Sunday	~~~~ Service ~ 11:00 am ~ Marge Duane, Lay Leader
5 Mon.	Wedding Rehearsal Rental (non-member)
6 Tue.	Wedding 2:00 pm Rental (non-member)
	No Board Meeting in July
11 Sunday	~~~~ Service ~ 11:00 am ~ Steve Beison, Lay Leader
11 Sunday	Rental after Social Hour by Wes Smith and his family
13 Tue.	Meet Your Neighbor Coffee ~ 9:00 - 11:00 am
14 Wed.	Worship Committee Meeting ~ 5:30 pm
	No Membership Meeting in July
15 Wed.	Religious Education Committee Meeting ~ 7:00 pm
18 Sunday	~~~~ Service ~ 11:00 am ~ Nancy Cooper, Lay Leader
18 Sunday	Caring Committee ~ After the Service
25 Sunday	~~~~ Service ~ 11:00 am ~ Ann Green, Lay Leader
27 Tue.	Brooklyn Food Pantry ~ our church's turn to work ~10:00 am - 2:00 pm
29 Thurs.	Brooklyn Food Pantry ~ our church's turn to work ~10:00 am - 2:00 pm

Upcoming Events

Aug. 8 Annual Church Picnic ~ After the Service, at the Swains Memorial Park in Brooklyn

Reminder to Everyone Please check regularly the volunteer sign-up clip-boards in the social hall on the corkboard wall of "Open" dates. You are needed to be an **Usher**, **Social Hour Host** and the **Nursery Helper** of the Day. The Nursery starts at 10:50 am so the nursery worker Vicki and the helper for the day need to be with the children mostly under age 5 before the service. The volunteer list needs the open dates filled in each month for everything to run smoothly.

WEEKLY VOLUNTEER SCHEDULE:

Sunday	July 4	July 11	July 18	July 25
Greeters	Alyce O.	Grace M.	Joan B.	Betty G.
R.E. Greeter	Sharon P.	Sharon P.	Sharon P.	Sharon P.
Nursery Helper	Nena O.	Open	Kathy H.	Open
Ushers	Jon H. Gary T.	Open Gary T.	Paul J. Gary T.	Open Gary T.
Social H. Host	Open	Pat & Peg G.	Kathy H.	Phyllis & Marina M.
R.E. K-5	Intergenerational Intergenerational Intergenerational Intergenerational			
R.E. Youth				

All Sunday Services Start at 11:00 am ~ Celebrating Over 150 Years of Liberal Religion

July 4 - "A Red, White and Blue Celebration"

- **Marge Duane, Lay Leader**

Bring your stories of your childhood or current traditions. How do you celebrate?

July 18 - "The People Called Quakers"

- **Nancy Cooper, Lay Leader**

The Religious Society of Friends

July 11 - "This I Believe"

- **Steve Beison, Lay Leader**

July 25 - "Poetry Sunday"

- **Ann Green, Lay Leader**

Where people care about each other and care about the world.
<http://www.libertyu.org/newsletter.html>
www.libertyu.org

Return Service Requested

Clarklake, MI 49234
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Universalist Unitarian Church of East Liberty

