

UNIVERSALIST UNITARIAN CHURCH OF EAST LIBERTY

^{2017 ~ February} The Bellnote

2231 Jefferson Road Clarklake, MI 49234 (517) 529-4221 voicemail only Located 3/4 miles West of U.S. 127

Minister's Column

MINISTER'S OFFICE HOURS:

Monday: Minister's day off Tuesday: 9:00 am - 4:00 pm Wednesday: 9:00 am - 6:00 pm Thursday: 9:00 am - 4:00 pm Friday: Sermon-writing day, no office hours Saturday: By appointment Sunday: By appointment

<u>Minister</u> Rev. Dr.Cynthia Landrum cynlandrum@gmail.com

<u>Staff</u>

Pianist Anita Fobes afobes@juilliardalumni.net Childcare Vicki Haynes and Clerical Assistant for RE kermit_210@yahoo.com

BOARD OF DIRECTORS

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Building & Grounds Vic Marshall vbmarshall@gmail.com

<u>Committee on Ministry</u> Gretchen Marshall amarshallg@yahoo.com

BOARD/ELECTED NOMINATING COMM

Steve Kish stevekish982@yahoo.com Grace Mulnix

Hi UUCEL Members and Friends,

I've been excited to tell you about the three great guest ministers preaching this month. The first is the Rev. Leonetta Bugleisi, who is the part-time consulting minister in Farmington. I've known Leonetta for over a decade, and she's been a wonderful colleague with a deep spirituality. The Rev. Sean Dennison is preaching on February 12th. I don't know what Sean will be preaching on, but I'm excited for you, as I know Sean to be amazing. Sean delivered a phenomenal Berry Street Address at General Assembly (viewable here: http://www.uuworld.org/articles/ uuaga15-berry-street-sean-dennison), and was the creator of an innovative project called "Cabaret Church." Sean is also an old friend of Peter's and mine, having gone to seminary with Peter. Peter is teaching RE that day, so he'll get to see his friend, and don't be surprised if I decide to pop in, too. Lastly, you'll be hearing from Julie Brock. Julie is not yet ordained, having not yet seen the MFC, but she's serving as the consulting minister in Brighton this year, and I've been her informal mentor. I wish I could come see her preach, but I'll be preaching in Lansing that week. I know Julie is dynamic, lively, and engaging, and she preaches without a text, so I think you'll really enjoy hearing her.

As for me, so far on sabbatical I've been not doing much – I spent two of the three weeks of it sick, sadly. And I've been preaching almost as much as I would have, since I did a pulpit exchange with Dan McQuown to bring him out to our congregation, and then I preached in Brighton as a pulpit exchange with Julie Brock, who will be completing her part of the exchange for you this month. Another thing that's kept me from being fully in sabbatical mode is that this past month things have been moving and changing with the Non-Discrimination Ordinance in Jackson. I've worked too hard on that issue for the last decade not to be involved now that the City Council is finally going to vote! By the time you read this, our City Council will presumably have voted, and hopefully we'll finally have protections for Lesbian, Gay, Bisexual and Transgender people in Jackson!

I have, however, gotten enough rest and relaxation and distance to help some with the burn-out level I had been facing. After less than a month, I can say I'm really missing you, and excited about some new ideas I'll be returning with. Thank you all for this time of rest.

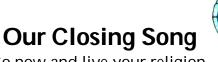
Peace,

Rev. Cindy

Notes from the Board

The board met on January 4th with everyone present. Committee updates were received. We are grateful for the hard work of all the committees, which makes everything possible in this church. For example, the Worship committee has lined up guest speakers for almost the whole of Cindy's absence. The board also approved to hire Duane (Dewey) Shipley to replace siding, soffit and a few small windows around the accessible entrance to the social hall. He will also replace the accessible door to the school house. A full report of this meeting is available in the social hall. We will meet again on February 1, at the church. **Gratia**

> Submitted by: Gratia Karmes Board President





Go now and live your religion. Its truth reflect in all you do. Go, may love's presence ever guide you.

Live the good life the whole day through.

This Month in Religious Education

Church Buddies

Church Buddies will be returning again this year, but in April not February. As of now April 9th through the 30th are the dates planned! The RE committee decided to move back the buddies for a few months so that Rev. Cindy's three children can take part in it. For anyone not knowing what this is—it is a month long child/adult friendship, matched up, with the child receiving very low cost gifts or hand made items and not knowing who they are from until the last week at a light breakfast served before the service on April 30. More information will be in next month's issue. **Submitted by: The Editor with info from RE Comm.**

Our Spiritual Exercises: "Identity" Option A:

A Reunion with Your Former Self

A bored sociology student decided he could learn more out in the real world than by sitting in a classroom. So he picked up his camera and took pictures of interesting looking people around town, capturing not only their images but also their stories. Thirty years later he hunted them down to show them those old pictures and give them a reunion with their younger self. Check out pictures of these "reunions" here":

http://twistedsifter.com/2016/11/reunions-by-chrisporsz/

http://www.upworthy.com/there-are-over-30-yearsbetween-these-amazing-before-and-afterphotos?c=upw1&u=41aa6fc0057fddc850d917bc669deaf216c544e

This exercise invites you to have a similar reunion with your own former self. Dig through your

old photos and find 2 pictures of your "younger self" that best represent your core identity at that time. Then spend some time thinking about what you would say to and ask that younger self if given the chance:

What story would you want to rehash and revisit the most? ~~ How would you thank him or her? How would you apologize? ~~ What compliments would you give? ~~ What secrets would you tell them to keep? Or not keep? ~~ What warnings would you offer? What encouragement would you give?

Bring your two photos to the group and come ready to share which 1-2 of the questions above best helped you re-connect with your younger self.

Here are two videos to inspire you and get you into the mind frame of reunion:

To the Girl I Was: <u>https://www.youtube.com/</u> watch?v=o9ERUJQpdeU

The psychology of your future self: <u>https://</u> www.ted.com/talks/

dan gilbert you are always changing

Option B:

The Artist Who Helped You Find You

"Artists are always in the vanguard of social change...The music proclaimed our identity; it made every statement we truly wanted to make." ~Dizzy Gillespie Art and artists help us find our way. They provide mirrors and containers for our identity. Seeing their work, we see ourselves. Hearing and reading their work, we remember who we are. So hunt down and bring into your group one of the books, songs, paintings, photos or movies that has helped you find (and hold onto) yourself. Come ready to share the story of your first encounter with that piece of art.

Option C:

Your T-Shirt

Yes, some of us may wear our heart on our sleeves, but virtually all of us wear our identities on our chests. Our t-shirts don't just inform the world of our allegiances and accomplishments (alma mater,

favorite band or sports team), they also tell the world what we want it to be (<u>https://</u> <u>libertymaniacs.com</u>). T-shirts announce our clan (<u>http://101tees.com/50-funny-state-t-shirts</u>) as well as our class (think about whether that polo logo on your shirt mattered as a teen).

And here's the most important thing about tshirts: we keep them around forever. You know the t-shirt that embodies your identity because it's the one that has holes in it! The wording has faded and the sleeve is torn, but you don't care! It's a piece of you. No way is anyone going to throw that away!

So this month, slip your identify over your head and wear it on your chest when you come to your group. Come ready to tell your group why, although the image has faded, you're still holding on. (New found identities and t-shirts are, of course, welcome as well.)

One last note: Show your minister your t-shirt. Help him or her imagine what an awesome Sunday it would be if everyone (adults and kids) came to church wearing their identity on their chest. Maybe it's time for your church to start an annual "T-Shirt Sunday"!

Option D:

Bring Your Identity to Dinner

Identities love to come to dinner! Great grandma's German pot roast. Aunt Audrey's pie crust recipe. Norwegian family Christmas and that awful lutefisk. The requirement that great-grandpa's knife with the ivory handle be used to cut the turkey. And with these dinner table traditions, the old stories come out and we are able to tell ourselves into being once again.

Continued on next column...

So this month, you are invited to concoct an "Identity Dinner." Do it with your wider family and make it a way to pass on your traditions to the kids. Pull together your neighbors or even your Soul Matters group. Simply, ask everyone to bring a dish, an heirloom and a story that celebrates a piece of your heritage and informs who you are to this day.

Here's some inspiration to help you get started:

 Keep family history alive through food: http://www.austin360.com/lifestyles/food—cooking/ keep-family-history-alive-through-food/ iNiOL7jYlifDtjZsu1E24L/

Heritage Comes Alive At My Family's
Dinner Table: <u>http://www.huffingtonpost.ca/abigail-</u>
esteireiro/cultural-food-traditions_b_12558520.html

One important note: For many of us, our heritage and identity now feels under threat. Gathering around a table as a Hispanic or Muslim doesn't feel as safe or celebratory as it should. This is part of the exercise as well. Find a way for the dinner to honor the way our identities are under threat; make sure the dinner involves a commitment to help others feel safe as they embody theirs.

Contest

We are having a handwriting contest to find the next person to add names to the memory block on the quilt on the back wall of those who have passed away. For those interested we are asking you to write in cursive the name of "Greg Mitchell" on an index card (they can be found in the pews box holders) along with your own name. Greg's name is the last name added to the block and the person who matches the name the best will be awarded a fabric maker to add the 7 missing names to get it up to date. Please turn in your sample handwriting index cards to Joan Bernstein or Kathy Haynes by February 19. We want to thank you in advance and hope to have many to choose from. This is open to anyone of any age and the winner will be announced in the March Bellnote newsletter.

Submitted by: Membership Comm.

Meetings and Events U.U. Church of East Liberty

Photo Directory Book

Get ready for Lights, Camera, and Action. . . . During our December membership meeting Cindy was saying that since the computer world has changed a lot in the last few years, let's makes our own U.U. Photo Directory Books. So, we will be making our own booklets of photos, names and address for members and friends of the church that would like to be a part of this new project. Rob Gaecke will begin taking the portraits in February on the Sundays of the 5th, 12th and 26th in the Schoolhouse next to the church during social hour time. Later dates in March will be announced as this project progresses. Rev. Cindy and family will have their photos taken in April. And then, with Cindy's knowledge, she will make this all come together. Extra hands might be needed to assemble the directories together; I will keep you posted if you would like to help. We are hoping that this project will be done before the annual meeting. At this time we are thinking they will be in black and white for suggested donation of around \$6.00, or a color copy for about \$10.00 in printed form and/or a file you can download. Submitted by: Kathy Haynes and Rob Gaecke

Talent Show

Attention talented and/or fun-loving UU's ... Just a heads up: for another wonderful Talent Show that is coming up on **Friday, March 24.** All interested in being in the show or helping with it in other ways, please see Elissa Alden, Gordon Bernstein or Ann Green soon. We need helpers! The talent show will be like the one of last time a few years ago, with a \$10.00 entry fee per person. Trophies will be awarded to the 1st, 2nd & 3rd place winners as well as for Peoples' choice award. The judges will be non-members of the church, along with great refreshments for purchase. Start thinking!! **Submitted by: Elissa Alden**

What Does It Mean To Be A Community of Identity?

Afraid that our inner light will be extinguished or our inner darkness exposed, we hide our true identities from each other. In the process, we become separated from our own souls. We end up living divided lives, so far removed from the truth we hold within that we cannot know the "integrity that comes from being what you are."

~ Parker Palmer

JXN Community Forums

...are free and open programs to encourage dialogue about the challenging issues of our day. The series is sponsored by the Universalist Unitarian Church of East Liberty and the Jackson District Library. All forums are held at the JDL, 244 W. Michigan Ave., Jackson, MI and they are usually on the third Thursdays at 6:30-8:30 pm. Childcare may be available for a modest donation. Call Debby Sears at the library at 517-788-4087 ext. 234 for more information or see the JDL website at www.myjdl.com...

"Restorative Justice/Restorative Community" February 16th, the 3rd Thursday

Restoring a sense of well-being is a challenge after crime. In addition to victims, the community is harmed when citizens feel less safe. Following a brief review of the evolution of our justice systems, panelists with experience with crime will describe restorative processes. Also sponsored by the Jackson Area Civil Rights Awareness Association and the League of Women Voters, Jackson Unit.

Submitted by: Outreach Committee

Personal Care Ministry

The Jackson Personal Care Ministry provides personal and household products to those in need in Jackson County. An average of 150 guests are served weekly. Our team works at the distribution on the third Thursday of each month, February 16 from 4:30 - 6:30 pm. Financial support and donations of new and gently used products are greatly appreciated. For more information, contact Nena Obits. See Supplement Page for her contact information. ~~ Here is how you can help, by writing a Check made out to Westminster Presbyterian Church, with the words "For Personal Care" written on the memo line. This can be mailed to Westminster Presbyterian Church 2301 Ridgeway Road, Jackson, MI 49203, or handed to Nena Obits. Please note that there are a few other churches involved in the Personal Care Ministry and this church handles the money part.

Pastoral Care Coverage and Caring Comm.

If you need pastoral care during the sabbatical, you are encouraged to call our Caring Committee (chair: Jane Volk). If a minister is required, the Caring Committee chair and the Board president (Gratia Karmes) are authorized to contact the on call minister on your behalf. The Rev. Daniel Kidder-McQuown of Arbor Grove Congregational Church has agreed to provide on-call pastoral care for our congregation during Rev. Cindy's sabbatical. Lastly, it's important to know that while we're asking you to not contact Rev. Cindy for pastoral care during her sabbatical, she's let the leadership of the Board and Caring Committee know that there are some circumstances under which she very much wants to be contacted. She's doing an at-home sabbatical for the most part, and will be accessible in cases where we need to call her back for extreme emergencies.

Caring Committee monthly meeting will generally be held on the 2nd Sunday of the month after church at 12:30 in the Nursery. If you are aware of any issues or concerns involving any of our church family for which the Caring Committee can lend a helping hand, please contact any member of the Committee. Those serving on the Caring Committee are: Debbie Hartsuff, Debbie and Fred Marshall, Gretchen Marshall, Alyce Oosting, and Jane Volk as chair. **Submitted by: Jane Volk**

Worship

The Rev. Kathryn Bert has made the sermon she gave on January 8th entitled "Change & Difference" available to anyone who would like to read it. Send your request to greenannm@jcccmi.edu for a copy. Also, we are looking for people with technology expertise to help with videotaping sermons and posting them to our website. Please contact Ann Green if you are able to help.

Submitted by: The Worship Committee

Thank You

Our Holiday Gift Basket Auction was a big success. We made \$492.00. Thanks to all who donated the great baskets, who purchased baskets, and who made monetary donations to the cause. And we held our Quarterly Special Offering at the Christmas Eve Service, and were able to send a check to the Jackson Personal Care Ministry for \$315.00. Thanks to all! **Submitted by: Nena Obits**

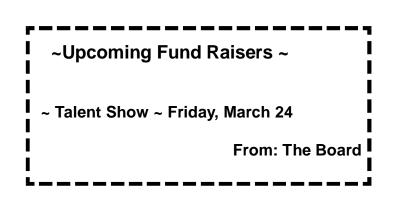
Guest Minister Schedule

Rev. Cindy has a strong line-up of guest ministers for you during her sabbatical. Most of these ministers are donating their services as part of an agreement between ministers to help out during times of sabbatical — Cindy has preached at some of these churches in the past for their sabbaticals. Please come and hear these exciting speakers, and take a moment to thank them for their willingness to help Rev. Cindy's sabbatical time to be a rewarding and engaging time for our congregation!

~ Feb. 5: Rev. Leonetta Bugleisi, Minister, Universalist Unitarian Church of Farmington ~ Feb. 12: Rev. Sean Dennison, Unitarian Universalist Minister

~ Feb. 19: Julie Brock, Minister, Community Unitarian Universalists in Brighton
~ Mar. 19: Rev. Kimi Riegel, Minister, Northwest Unitarian Universalist Church, Southfield
~ Mar. 26: Rev. Rachel Lonberg, Minister, People's Church of Kalamazoo

Submitted by: The Sabbatical Committee



Smile for the Camera

In the next 2 months while Rev. Cindy is on her sabbatical, Tom Pepper and Kathy Haynes will be taking pictures of you, and also upcoming everts during some of the services. The 2 stick signs will be a part of many of the phots so have some fun with this project. These pictures will be turned over to Ann Green as she will turn them into a slideshow and show them on April 9 for Rev. Cindy's return. So we are asking you to Smile for the Camera.

Submitted by: The Sabbatical Comm.

Weather Policy--February can be a snowy month, and occasionally we've had to cancel services. How will you know? Well, we try to provide the information in a number of ways. Our board president, building chair, and Sunday speaker or worship associate confer and make the decision. If they decide to close the church, the board president starts the phone tree and updates the Facebook page, the newsletter editor updates the webpage, and another volunteer updates the church voicemail. By the time you would leave for church, you should have gotten a call, but if you haven't and the weather is suspect, check the voicemail or the webpage, because phone trees often break down. Whenever there is a government alert to stay off the roads, we encourage you to do so. And if you feel like driving conditions are not safe for you, please exercise caution and stay home, even if you have a volunteer role to fill. Let someone know you're not coming if you're able. **Submitted by: The Board**

Do I contradict myself? Very well, then I contradict myself, I am large, I contain multitudes. ~ Walt Whitman

- Church Website
- The Bellnote Newsletter
- Church's facebook page
- Forum facebook page

http://www.libertyuu.org http://www.libertyuu.org/newsletter.html http://www.facebook.com/libertyuu http://www.facebook.com/JXNCommunityForum

We Welcome Your Membership Not a member? We'd love to have you join our spiritual community. New members signify their commitment by signing the Membership Book during a scheduled church service. It is understood that members actively support their congregation through attendance, service and/or financial commitment. To start your process of becoming an official member of our lively, compassionate and challenging congregation, speak with Rev. Cindy Landrum, (517) 529-4221, or a member of the membership committee.





FROM THE EDITORS:

"The Bellnote" is a monthly publication of UUCEL. If this is your 1st copy of the church's newsletter, welcome. Our church year runs from July 1-June 30. The church board asks those that receive the paper version of the newsletter pay a \$17.00 peryear subscription fee. New visitors will get 3 months free, after that a subscription fee will be asked for, or change to an on-line version that is free of charge.

THE MARCH ISSUE, INFORMATION IS NEEDED BY: SUNDAY, FEBRUARY 19. ~~~~ SEND SUBMISSIONS TO: UUCEL_BELLNOTE@YAHOO.COM OR IN WRITING TO KATHY OR VICKI, THANK YOU –

WE WANT TO THANK; REV. CINDY, SABBATICAL COMM., WORSHIP COMM., NENA OBITS, JANE VOLK, GRATIA KARMES, OUTREACH COMM., CARING COMM. AND MEMBERSHIP COMM. FOR THEIR NEWS ITEMS THIS MONTH.

OUR 7 PRINCIPLES AND PURPOSES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person
- Justice, equity, and compassion in human relations
- Acceptance of one another and encouragement to spiritual growth in our congregations
- A free and responsible search for truth and meaning
- > The right of conscience and the use of the democratic process within our congregations and in society at large
- \sim The goal of world community with peace, liberty and justice for all
- Respect for the interdependent web of all existence of which we are a part

The Bellnote Calendar

All events are at the church, unless otherwise noted

February



Board Meeting ~ 6:30 pm
AUUW Meeting ~ 12:30 pm
~~~~ Service ~ Rev. Leonetta Bugleisi ~ 11:00 am
Portrait being Taken for the New Directory ~ Schoolhouse during Social Hour
Outreach committee ~ Jackson District Library 3:00 pm
~~~~ Service ~ Rev. Sean Dennison ~ 11:00 am
Portrait being Taken for the New Directory ~ Schoolhouse during Social Hour
Caring Committee Meeting ~ After the Service
Meet Your Neighbor Coffee ~ 9:00 - 11:00 am
RE Meeting ~ 6:30 pm
Membership Meeting ~ Will met as Needed on Sunday's
JXN Community Forum ~ "Restorative Justice/Restorative" ~ 6:30 pm @ JDL
Personal Care Ministry ~ @ 1st Baptist Church, 201 S. Jackson ~ 4:30-6:30 pm
~~~~ Service ~ Julie Brock ~ 11:00 am
Handwriting Contest – Names due
The Bellnote Newsletter ~ Submissions Due
~~~~ Service ~ Lay Leader: Ann Green ~ 11:00 am
Portrait being Taken for the New Directory ~ Schoolhouse during Social Hour

Upcoming Events

Mar 24 Talent Show

Weekly Volunteer Schedule

Sunday	Greeter	Nursery	Ushers	Social Host	R.E. K-5	R.E. Youth
Feb 5	Alyce O	Vicki H & Kathy H	Gary T &	Nena O Team #4	JonKerry H Kristina M U.U. Pilgrimage	K-5 (Youth join K-5 or service)
Feb 12	Grace M	Vicki H & Jackie J	Gary T &	Jane V Team #5	NancyRob SG Peter M Susan B. Anthony Day (2/15)	Elizabeth & Poetry & Music on Difficult Times & Death
Feb 19	Joan B	Vicki H & Joan B	Gary T &	Sue R Team #6	Intergenerational	
Feb 26	Carole H	Vicki H & Nena O	Gary T &	Joan B Team #7	Janette M Donna H Mardi Gras (2/28)	Gretchen M, Alyce O Heeding the Call: the Call for Cooperationce

February's Theme: Identity Feb 5 - "Dancing with Dementia" – Rev. Leonetta Bugleisi,

& Worship Associate Tom Pepper

Rev. Bugleisi has served UU congregations in Mankato, MN; St. Louis, MO; Chicago, IL; Rochester, MI; Brighton, MI and most recently has been called to be the 3/4 minister at Universalist Unitarian Church of Farmington, MI.

Statistics show dementia on the rise at incredible rates. The Rev. Leonetta shares some practical tips on how to survive the changing stages and steps needed while we "dance with dementia" of our loved ones. This dance/journey tends to test us spiritually, financially & psychologically. After today your challenges & dance steps will be a little lighter with input from Rev. Leonetta's message.

Feb 12 - "The Integrity of the In-Between" – Rev. Sean Dennison,

& Worship Associate: Kerry Hart

Rev. Dennison has served congregations in Stockton, CA; Salt Lake City, UT; San Luis Obispo, CA; and McHenry, IL. He considers his active social media presence a part of his ministry, including posting daily prayers on Twitter and Facebook since 2011.

Rev. Dennison reflects on identity by telling us his story as an openly transgender UU Minister. He will also explore the liberatory potential of recognizing and honoring interstitial spaces in our lives and in the world.

Feb 19 - "Pondering the Prophetic" – Julie Brock,

& Worship Associate: Anita Pepper Ms. Brock has been the consulting minister of the UU Church of Brighton. She was raised in the First UU Church of Detroit and has completed her internship at the First Unitarian Society of Madison. Her advisor is the Rev. Cindy Landrum.

Unitarian Universalists make free use of the word *prophetic*, however, our usage of the word seems to disassociate it from its original meaning. A prophet is someone who receives a message or makes a prediction. Often those messages came from a divine source. In our tendency to do away with defining the divine, we've also gotten away from thinking about how we know what we know is true. How have the messages of the prophets changed as our religion has? Does UUism have modern day prophets? How do we understand their messages to be true? Let's ponder & worship together.

Feb 26 - "Poetry Sunday" Lay Leader: Ann Green

This annual service celebrates poetry by asking parishioners to share a poem they have written or one they have loved or enjoyed, that is relevant to our times or for all ages. This service features Deb Davies reading her own work. She has taught creative writing for many years, at Jackson College & other venues, & has published 3 books of poetry.

Where people care about each other and care about the world.

